



# Satsang Sandesh

## India Temple Association, Inc.

Hindu Temple, 25 E. Taunton Ave, Berlin, NJ 08009  
(Non-Profit Tax Exempt Organization, Tax ID # 22-2192491)

Vol. 54 No. 2 (855) MYMANDIR (855-696-2634) www.indiatemple.org FEBRUARY 2026

### Religious Calendar

- 1-Feb Satyanarayana Puja  
13-Feb Vijaya Ekadashi  
15-Feb Mahashivaratri  
Rudrabhishek in Temple  
9AM-12PM & 5PM-8PM  
16-Feb Somavati Amavas /  
Amavasya  
21-Feb Sundarkand Paath  
27-Feb Amalaki Ekadashi  
1-Mar Children's Vasant Panchami  
2-Mar Holikadahan  
Vrat Purnima  
Satyanarayana Puja

### Temple Hours

#### Saturday & Sunday

9:30AM -12:30 PM  
5:00 PM - 8:00 PM

#### Monday to Friday

10:30 AM to 12:30 PM  
5:00 to 8:00 PM

Entry through  
**Front Door Only**  
(856)768-3134

**Satyanarayana Puja**  
Sunday, February 1st — 6 PM

**Sundarkand Paath**  
Saturday, February 21st — 10 AM

### **VIKRAM SAMVAT 2082 / 2026**

Calendar will be available soon Online at <https://www.indiatemple.org/>

### ANNOUNCEMENTS

- For security reasons, we will be keeping the Temple's doors locked. When visiting the Temple during open hours, please dial 856-768-3134 to be admitted. Also when leaving the Temple, please make sure that the door closes completely behind you.
- For Satyanarayana Puja participants: Please provide your name to Kruti Lodhavia @ 856-577-3631 few days prior to puja for planning.

### SPECIAL PRAYERS

*ITA has a program whereby you can have prayers performed on your behalf every year on a special day in your life by pledging \$401 for members and \$451 for non-members. Shri Sudhir Jhaji will perform a special puja on your behalf, or the regular temple puja performed on the designated day will be dedicated in your name. Below are the donors for this month.*

Sushil Bhatnagar	3-Feb	Neel Kadakia	17-Feb
Akshay Amin	6-Feb	Amrita Nandakumar	19-Feb
Narendra Amin	6-Feb	Ghanshyam Dave	20-Feb
Kiran Doshi	7-Feb	Maya & Mason Doshi	20-Feb
Naresh Talati	7-Feb	Gopal Patel	23-Feb
Kiran Desai	7-Feb	Priti Patel	23-Feb
Rushikesh Parghi	13-Feb	Satish & Sulochana Patel	24-Feb
Jadev Gajera	14-Feb	Sureshbhai Patel	24-Feb
S. Kumar	15-Feb	Champak Patel	25-Feb
Vaishali & Rajubhai Patel	16-Feb	Manoj Shah	26-Feb
Jagdish-Maya Shah	16-Feb	Samit Desai	28-Feb
Neel Kadakia	17-Feb	Kellan Martin	28-Feb

## **PROGRAMS FOR SPIRITUAL GROWTH, HEALTH, HAPPINESS & GOD REALIZATION**

<https://indiatemple.org/contact.php>

\*\*\*\*\*  
Vishnu Sahasranamam & Lalitha Sahasranamam will be recited on 1st Friday of each month starting at 10:30 AM  
In-Person Only

\*\*\*\*\*  
Bhagavat Gita Study organized by Sharad Pimplaskar (856) 466-1430  
Every Tuesday - 10:45 AM - Weekly  
Join Zoom Meeting: Meeting ID: 818 2564 6955; Passcode: 173521

Announcement: ITA Gita Study Group will start reading of Ishavasya Upanishad with Shankrara Bhashyam beginning September 10, 2024. Ishavasya Upanishad is one of the smaller Upanishads from Shukla Yajurveda and is first of the ten principal Upanishads commented on by Shri Shankaracharya. Though small it presents a complete Vedanta treatise on Self-Knowledge. Everyone interested in the study of our original scriptures is invited to join these sessions. These are weekly sessions on Zoom every Tuesday from 10:45 AM to 12:00 Noon.

\*\*\*\*\*  
**ITA Senior Social Group- Currently meeting weekly**  
Contact Vinita Ganju (609) 744 8558 for additional information.

## **PROGRAMS FOR SENIORS BY HSCSJ**

There will be one meeting in the month of February 2026.

**One Meeting: Tuesday February, 10, 2026 at 12:15 PM**

Place: ICC all Purpose Room

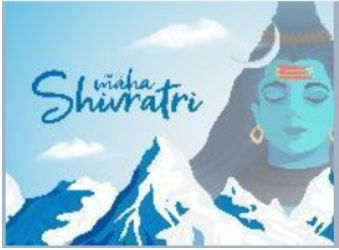
Topic: Dr. Shrenik Shah: Healing Through a Plant-Based Lifestyle

Dr. Shrenik Shah is a retired primary care physician who has followed a plant-based lifestyle for over 22 years. His journey began after a transformative African safari and deepened through spirituality and meditation, leading him to advocate for compassionate, plant-based choices. Through research and clinical practice, Dr. Shah emphasized lifestyle change—especially a vegan diet—before medication, helping thousands of patients reverse high cholesterol, diabetes, and obesity. His environmental work highlights the role of animal agriculture in deforestation and climate change. A heart attack six months into his plant-based journey became a turning point; he increased exercise, ran his first marathon one year later, and has since completed six marathons, lost 23 pounds, and reversed heart disease. Now nearly 24 years heart-disease-free, Dr. Shah continues to inspire, particularly within the South Asian community, as Medical Director of World Vegan Vision, promoting health, compassion, and sustainability through a plant-based lifestyle.

Lalji Bhimani  
President, HSCSJ

**MAHA SHIVARATRI**  
**Sunday, February 15, 2026**

ITA invites you to celebrate Maha Shivratri on Sunday, February 15th at the Berlin Temple. The Temple will be open the entire day (9 AM to 9 PM).



Date: Sunday, February 15, 2026

Address: 25 East Taunton Avenue, Berlin, NJ 08009

Event Details:

- Priest Assisted Abhishek: 9 AM-12:30 PM & 5-9 PM
- Self Service: 12:30- 5 PM
- Milk is welcome. Excess milk will be donated to local food pantry.
- Morning Chanting & Bhajans: 10 AM - Noon
- Evening Bhajans: 6-7:45 PM
- Aarti: Noon & 8 PM

If you are interested in singing, please contact Hansa Kanzaria @ 856-905-3371.

Please go to "[https://www.indiatemple.org/donation\\_form.php](https://www.indiatemple.org/donation_form.php)" to make a Donation.

**For questions or sponsorship opportunities contact:**

Naylesh Shah @ (856) 625-4332 or Vinita Ganju @ (609) 744-8558 or  
Vidya Shukla @ (610) 703-1710 or Samir Patel @ (201) 657-8661

**CHILDREN'S VASANT PANCHAMI**

**Sunday, March 1, 2026 at the Berlin Temple from 2 PM—4 PM**



Join us for Vasant Panchami celebrations and take blessings of Goddess Saraswati—Goddess of Knowledge. We encourage all children, if possible, to dress in their brightest yellow in honor of Saraswati and the harvest season.

Celebration includes:

- Pooja performed by Kids
- Aarti & Kid friendly Prasad
- Kids Performances

For more Questions and additional information contact:

Sarita Prabhakar @570-561-7936 or Vinita Ganju @ 609-744-8558



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### Executive Committee

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**Bhumika Kundu**  
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## BALVIHAR PROGRAM

**New Student Enrollment for 2025/26 Opens on May 15th**

**Purpose:** To teach Vedic Heritage and Indian Culture to children (Pre-K to 8th Grade).

**Details:** Explore website for detailed curriculum by grade and general schedule.  
[https://www.indiatemple.org/bal\\_vihar.php](https://www.indiatemple.org/bal_vihar.php)

**Timing:** 10:00 AM – 1:00 PM on designated Sundays

**Dates:** 16-17 Sundays starting in Sept. & Ending in May.

**Location:** Marlton Middle School (150 Tomlinson Mill Road, Marlton, NJ)

### **ITA MEMBERSHIP REQUIRED**

Become a member: [www.indiatemple.org](http://www.indiatemple.org)

### Enrollment:

Regular Enrollment (May 17th through June 1st): \$252

Late Enrollment (After June 2nd): \$263

### Detailed Information Available at:

<https://www.indiatemple.org/balvihar.php>

Fees are NOT REFUNDABLE for any reason.

Space in the program is VERY limited. We encourage community members to enroll early.

### PUJA SERVICE & TEMPLE RENTAL FEES

Shri Sudhirji perform religious services on request. Please contact Kruti Lodhavia at (855) MY-MANDIR Ext 715 to schedule a Puja Service or Rental of Temple facilities.

<u>Puja Services</u>	<u>MEMBER</u>		<u>NON-MEMBER</u>	
	Inside Temple	Outside* Temple	Inside Temple	Outside* Temple
Archana	\$25			
Vahan Pooja	\$25			
Namkaran/Annaprashan	\$101	\$151	\$251	\$301
Birthday	\$101	\$151	\$151	\$201
Shradha	\$101	\$201	\$251	\$351
Baby Shower	\$101	\$201	\$251	\$301
Anniversary Celebration	\$151	\$201	\$251	\$301
Kesh Mundan	\$151	\$201	\$201	\$251
Satyanarayan Pooja	\$201	\$301	\$351	\$401
Rudrabhishek Pooja	\$201	\$301	\$351	\$401
Engagement Ceremony	\$201	\$301	\$301	\$401
Havan/Graha Shanti	\$251	\$351	\$401	\$451
Vastu Pooja-Outside Only		\$351		\$451
Wedding per day	\$501	\$601	\$651	\$701
Upanayan/Yagnopavit	\$351	\$401	\$451	\$501
Uttarkriya Per day -Outside Only		\$251		\$351
Yagna/laghu rudra-Outside Only		\$401		\$451
Navchandi Yagna-Outside Only		\$701		\$751
Antim Kriya		No Charge		No Charge

\*IRS defined per mile charge applied for pujas outside of Temple.

In addition to their base salary, Pujaris receive 50% of Outside Puja Services payment as compensation.

### Facility Rental Fees

	<u>Member</u>	<u>Non-Member</u>
Prayer Hall Rental	\$401	\$451
Social Hall Rental	\$501	\$551

**Send address changes or Membership renewals to:**

ATTN: VP of Information at 25 E. Taunton Ave. Berlin, NJ 08009 or email [vpinfo@indiatemple.org](mailto:vpinfo@indiatemple.org)